

## Clean

by dulcie via shirl - Jungle Drum Newswire *Friday, Nov 25 2016, 8:56pm*

international / poetry / post

try not to think,  
ruminating only  
increases the presence  
which u would rather  
forget

but are we truly able to forget?  
is it not all recorded on macrocosmic  
and microcosmic mediums?  
we know it

so deal with it and resolve  
the issue that confronts  
otherwise it will haunt you  
and cause all manner of grief.

there was a time  
when this planet lacked water,  
it was lifeless.  
frozen waters from space  
impacted the dry earth and  
found a home;  
water flowed from the seas  
into the air and fell to the ground  
to return to the seas,  
and so it goes today  
the earth enabled the waters of life  
to remain here locked in a cycle  
of sustaining activity.

-- the dominant feature of this earth is water,  
all life is subordinate to its influence,  
yet, water originated in cosmic space --

river grasses flow  
dancing effortlessly in the current  
-- slow undulating motions --  
moving submerged.

it's easy to let it all go in close proximity  
to large bodies of water;  
we are terrestrial water beings

and connect to the flow instinctively/easily  
if we allow the water to answer --  
it's always been our mother

we move with its natural rhythms joyfully  
or move against it  
painfully.

<http://jungledrum.hopto.org/news/story-2421.html>

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Underground Oz Poetry. <http://ozpoetry.lingama.net/news/poem-681.html>