

## Be

by claire via jill - Jungle Drum Newswire *Sunday, Dec 10 2017, 6:15am*

international / poetry / post

from the sylphs i learned to be quick  
the salamanders taught me how to burn  
the dross from my being and purify  
the undines' lesson was how to flow  
without resistance while maintaining integrity  
the earth taught me patience and nurturing

from the four elements i have been made  
lacking nothing i am accomplished  
without exertion, without thought  
as nature accomplishes everything in perfect harmony,  
without a care

what was ur instruction?

<http://jungledrum.hopto.org/news/story-3044.html>

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Underground Oz Poetry. <http://ozpoetry.lingama.net/news/poem-794.html>