

## Mourning

by sybil via dulcimer - Inverse Times *Tuesday, Aug 21 2018, 2:51am*

international / poetry / post

would u mourn a caged bird  
that takes flight from captivity?  
i think not

why then strange man do u mourn a soul  
that escapes the body which has held it captive?  
giving up the ghost is no cause for concern  
what u mourn is Your loss, a selfish thing

aware spirits are happy to leave the mortal coil  
and enter again a rarefied plane more suitable  
to their 'particular' needs, no toiling for gross foods  
to feed gross bodies, no defecating or urinating  
shaving, menstruation or fluid exchanges

has it occurred to u that spirits mourn those trapped in bodies,  
lost to the finer realms of existence? would u trade  
a life free of disease for a body wracked from head to toe?  
i hope not

consider ur imagination, limitless, unmolested  
and free to conjure whatever it pleases, it is not material,  
consciousness is not physical yet because u are imprisoned  
u falsely think ur mind is also trapped, not by anything but  
what u falsely believe, u were created free and remain free  
the challenge of this earth existence was to create a free  
paradise on this plane, and what a fuckin' mess u have made of it  
yet u mourn those that have escaped, get ur priorities straight  
before  
ur false beliefs condemn ur mind to live in a prison  
permanently --

u see, slavery only exists in this earth plane  
which u have transformed into a hell

u are free any time u choose yet u continue to slave,  
i suppose it's symptomatic, as is mourning freed spirits --  
notice i make a distinction, as spirits are only free if they have  
learned  
they are not imprisoned, nothing is able to confine a spirit  
u confine and imprison yourself

<https://inversetimes.hopto.org/news/story-230.html>

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Underground Oz Poetry. <http://ozpoetry.lingama.net/news/poem-897.html>