

## Death and 'Loss'

by jean via shirl - Inverse Times *Tuesday, Apr 23 2019, 8:56pm*

international / poetry / post

**(for Caitlin)**

we grieve for the dead  
we grieve for Our loss,  
as the dead care little  
they know there is no death --  
nothing created can be  
destroyed, simple fact

change is of cosmic nature, flux is  
the only constant, no paradox here

we love, and fear the loss of love  
yet the universe came into being  
for [Love's sake](#)  
that is Love universal not personal,  
as the latter is selfish

let go, live brave and victory is yours  
there is absolutely nothing to fear,  
no loss only gain  
and that gain is  
universal of cosmic proportions,  
all-saturating infinite Love/power

i hope u now understand  
there is nought to fear

remain a warrior, a real heroine  
or live and die whimpering like the rest

<https://inversetimes.hopto.org/news/story-586.html>

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Underground Oz Poetry. <http://ozpoetry.lingama.net/news/poem-946.html>